

Dulwich Hamlet

Junior School



Dulwich Village London SE21 7AL

Tel: 020 7525 9188 / 9189 Answerphone: 020 8693 3705

Email: office@dulwichhamletjuniorschool.org.uk

Headteacher: Mrs Claire Purcell

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Dear Parents and Carers,

We are writing to let you know that from the week beginning **Monday 22nd January**, we will begin teaching Year 6 Relationship and Sex Education (RSE) lessons as part of our PSHE curriculum for this half term.

This content is delivered in the Spring 1 half term so that we can provide important information to Year 6 children in a timely fashion, better preparing them for the physical and emotional changes of puberty and helping them to approach relationships with maturity and respect. Details of the statutory requirements for relationship and health education can be found in our [Relationships and Sex Education Policy](#).

Over four lessons the children will learn about how puberty is linked to reproduction, communication in relationships, conception/pregnancy and online relationships. The lessons cover the following topics:

- Changes to the body during puberty
- Respectful communication
- Conception, pregnancy and families
- Communication and privacy in online relationships

The materials used in these lessons are produced by the Christopher Winter Project. They have been developed by the PHSE association, are recommended by Southwark and are age appropriate.

If you have any questions about the content of the unit, or wish to see any of the resources, please get in touch via email: cThorntonsmith1.210@lgflmail.org

Best wishes,

Year 6 Team



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