

**“What are you playing there?”**

**E-safety training for parents**

**Dulwich Hamlet Junior School**

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*Slide share pack (this does not include  
all slides from the original presentation)*

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# What can you do?

## EMBRACE THE FACT THAT:

- Online or offline: you cannot eradicate all risks
- Children ARE NOT solely passive or accidental users of technology



**Set boundaries**

**Build resilience**

# Setting boundaries TOGETHER

- Get buy in from your child – decide on boundaries together and put them in writing

## SMART TALK

- Use parental controls and apps – BE AWARE OF THE DIFFERENT LAYERS (app, browser, device, WIFI, phone provider)

# Build resilience

1. Get to know the app and games
2. Play and explore together e.g. [INTERLAND](#)
3. Talk to your child about the risks and explore scenarios together –What would you do when?



**Take the time and make concrete plans**

# Keep in mind...

1. Goal: safeguarding & building resilience
2. Lead by example!
3. Have (difficult) conversations
4. Are you a risk?
5. It's not all about time
6. Make the rules together and play together.

# Useful websites and channels

<https://www.southwark.gov.uk/parents>

## Facebook Parents' Portal

See guides on how Facebook works and ways to help your child navigate the platform safely

[LEARN MORE](#)

## Instagram Parent's Guide

Get advice about safety features on Instagram and tips to encourage teens to use it positively

[LEARN MORE](#)

## WhatsApp Safety Tips

Learn about the tools available to help children stay safe on the platform

[LEARN MORE](#)

YouTube Channel: FamilyGamerTV



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